

Quarterly publication of the Peralta Sail and Power Squadron, San Leandro, California

## Executive Officer's Report

P/C RICARDO MARES, P

### Hello Squadron:

As your newly re-installed Executive Officer, I'm back for a second year under the leadership or our Commander Barbara Waldstreicher. We have some serious work ahead of us. Part of this office is to inform the public of Safe Boating classes. I've already started this and will be looking for help in this area. My plan is to structure one-day informational stations in the form of handing



out pamphlets, fliers, and short seminars to group meetings at yacht clubs. In the past, Peralta Sail & Power has approached the public at launch ramps and boat dealers. We need to use this approach once again. I'll be informing you more on this subject in the weeks to come with plenty of advance notice so you can schedule accordingly. May is the month of National Safe Boating Week, May 21 through May 28.

I spoke to you before about NCPCA, the Over-The-Bottom group. They will be structuring one-day seminars and an on-the-water activity coming up in three or four locations in the Bay and Delta. I will keep you more informed about this in the weeks to come. This will be a great opportunity to practice your charting and boat handling skills. It's a fun outing.

We talk of safety being #1 as far as knowing your boat, knowing charting and boating skills, properly maintaining your boat, and having a PFD for everyone aboard the vessel. The one thing that I very seldom hear discussed, which I feel is equally as important as all the above-mentioned, is medical attention. Now, I'm not saying you need to be a Dr. Kildare or a Dr. Oz., but you do need to have a basic understanding on how to approach with first aide an illness or a wound. There are a couple of paperback books available at West Marine that have good direction and treatments for minor injuries. sunburns, and information on how to detect someone having a more serious illness. One more important thing is that someone else knows how to use a VHF Radio to contact the Coast Guard on Channel 16 in case you as a skipper fall ill. Provision your medical supplies and don't get caught unprepared.

## Past Commander Alan Smith yearns to be on the water

Summer is fast approaching, again. The last couple of years I haven't done as much boating as I would have liked. But this year with low fuel prices this summer might be the go-do-it on the water summer! For new and old members we need to hear what you want to do or cruise. Let our commander or other Bridge Mem-

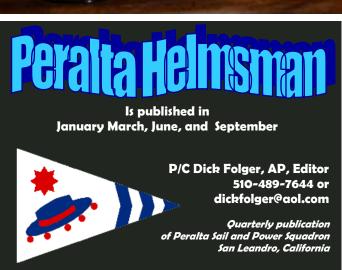


bers know. All it takes is a phone call or email request.

I wonder if the newer members or less experienced members are nervous to ask for help with their boat. One of the reasons to join a power squadron is to learn from the experienced members. All you have to do is ask. Also you can ask to cruise on other members boats. It is your choice.

Summer will be over before you know it. So start making plans.







### Interviews by Patricia Folger, P, Edited by P/C Dick Folger, AP

Our back yard is a pretty steep hill and the slope of the hill is on the actual Hayward Fault line. When the "big one" hits and the fault line fractures, all the view homes on the hill above us now will drop down to sea level. Our house on the other side of the crack will probably be thrust upward about 300 feet. Then, at last, we will have an ocean view.

This week I came across some pictures of our backyard that were taken in 1999. The four cypress trees that frame the terrace stairs were then about five feet tall. A few years before I bought them when they were in gallon cans. In the 16 years since the picture was taken, they have grown to be 30 feet tall.

While my cypress trees were growing like gangbusters, Peralta has been shrinking like gangbusters. When I joined Peralta in 1968 we had over 150 members. Now we are about one third of that size and as squadrons go in District 25, we're doing fine.

But, the downward trend has taken its toll on the District 25. Squadrons have closed down or merged with neighbors. The now defunct Oakland Power Squadron was once a battleship in the mighty USPS armada. Oakland was our big brother. Now gone.

The USPS squadrons are best known for their education offerings. That's our main product. joined Peralta to learn how to operate a boat. I took Seamanship, Piloting, Advanced Piloting, Instructor Training and Engine Maintenance. I took JN and would have passed if I had completed a few star sights. With this training I have sailed offshore to the Marquesas, sailed to Mexico as far south as Acapulco Bay. I have navigated the buoys from San Leandro to Sacramento, Potato Slough and cruised to the Meadows up in the delightful Delta. I only got the Broken Prop Award four times! D/Lt/C Ricardo Mares said: "When I started taking classes 26 years ago, there were 12 students in the class. We had one instructor and four proctors. I was impressed with their knowledge. In talking with the various proctors on a one-to-one basis my interest in joining the organization was sparked. I felt welcomed. I joined."

Cdr Barbara Waldstreicher praised the social and the friendship aspect of joining the squadron. "Our group is what keeps me going. I enjoy the company of all our members. Because of them I have been active as secretary and am now starting my second year as commander."

Our SEO D/Lt/C Norm Pennington just returned from the USPS National Meeting in Orlando, Florida. The new Chief Commander talked about plans for new ways of delivering education to the public, and the growing competition in the marketplace. The State of California is now offering free classes. The Coast Guard Auxiliary draws students. The internet and Google allows anyone to type "boating education" in their browser. They will get over 12-million results in less than 40 seconds. Those results include the California site, USCG and our own offerings.

In the old days we came home, ate dinner and then climbed into the car to head back out to a class-room site where we sat in class and took the course. Today the ease of online courses is changing the landscape. The world is different and we must change to meet the demands of today. One big change in the landscape is the California SB 941 law. It requires that anyone who operates a vessel must have a Vessel Operator Card which will be issued by the Dept. of Motor Vehicles for a fee. To qualify for the card boat operators must take a safe boating course. This is a huge opportunity for USPS.

Norm said because of the new law: "...I feel that we will be busy for at least the next ten years offering our public boating course. Ours is the best. It is known as America's Boating Course. Our challenge is to make our course better for all the people that will have a vessel operator card. We hope that through this endeavor we can increase our membership."

## Educational Officer's Report

By D/LT/C NORMAN W. PENNINGTON, SN

The year 2016 is bringing about change resulting in new opportunities for members to obtain their boating educational goal. If your goal is to take as many courses needed to complete the letter grade of S (Seamanship), P (Piloting), AP (Advanced Piloting) etc., then it is just a matter of taking the courses when they are offered. If you do not see a course that you are interested in taking, then



just ask. We can put on a course or collaborate with a neighboring squadron that may be offering the course you desire.

As an alternative, there is Seamanship that could be completed with six seminars followed by the course examination. The cost would be higher to cover the cost of the seminars; however the course could be taken in half the time and with no homework other than minimal study. Further, along with course credit many of the seminars can be applied to obtaining certification in the Boat Operator Certification program.

As another alternative, there have been discussions to modify Seamanship and other courses to better meet the needs of today's recreational boater. I do not have any concrete information; however we could see a restructure of courses and possibly new grade assignments. Instead of completing a single Advanced Grade course, a member could receive a grade after completing a course

and several seminars. This could take on a similar structure used in the Boat Operator Certification program where they have levels such as Inland Navigator, Coastal Navigator and Advanced Coastal Navigator. This is still in the discussion stage, but we could see some changes by late summer.

New course delivery systems are being investigated or are already in place. A conventional system such as an instructor led classroom has been the standard for many years. Improvements have come a long way in presentation methods. Long gone is the blackboard, the overhead projector, filmstrip or slide projectors having been replaced by the computer with PowerPoint and a projector. After having learned PowerPoint for the past 10-15 years, new methods are being explored or have been adopted to either augment or replace existing technologies.

One such technology that has emerged over the past few years is taking courses or seminars over the Internet. America's Boating Course (ABC3) is currently available to be taken over the Internet complete with the examination. For California, ABC3 has been customized to include state specific material and examination questions that I was proud to help author along with D/1<sup>st</sup>/Lt Lu Abel, SN (Santa Clara). ABC3 online is available to the student whenever and wherever they may be to take the course.

Other online course offerings are available through the University of West Florida. Courses are available as the university schedules them.

Another delivery system is called Distance Learning where courses are held at the squadron level, but instead of attending the course in a classroom, the course is presented over the Internet using Go to Training, Go to Webinar, Go to Meeting or Free Conference Calling. Classes are scheduled like classroom taught courses except that the student and instructor are at home and viewing the presentation via audio and video over their computer. This approach to instruction eliminates the need to commute at night to class, thus saving a couple of hours



Crab-errific Food Fest!

### **Educational Officer's Report**

(Continued from Page 4)

traveling. There would be two class meetings, one to acquire instructional material and course schedule, and the other would be for the final examination.

Blended Learning is a combination of a traditional classroom setting and distance learning. Blended Learning would be employed when it is necessary to present hands on instruction such as mastering plotting tools, tying knots, learning to use a GPS, chart plotter or marine sextant. On the boat or on the water instruction would obviously fall under a classroom or dockside environment.

transformation. electronic (e-Book) format is gaining in popularity. Soon the Seamanship student syllabus will also be available in an electronic format. This will allow students to study the material from their phone, tablet or computer without having to carry books about. Personally I do not see the benefit of using a phone as the display is very small and as we age. I have found that it can take a day for a normal reading image to appear. However, using a tablet or computer can be of great benefit. The file format was reported to be in Adobe portable document format (PDF), and when using a featured reader, one can make notes and highlight the material. One of the benefits of e-Book is that updates can be made more quickly, and students with registered copies and also get updates as they are introduced. Initially the cost for electronic media (e-Book)

USPS courses and seminars. Students taking several seminars as an alternative to taking a single course in preparation for a course examination; and employing different instructional methods such as online, classroom, distance and blended learning. Instructional material available on-

struction for those interested in pursuing Boat Operator Certification (BOC) for Inland (IN) and Coastal Navigator (CN) and certification for Practical on the Water (POTW) instructors. I am looking at offering BOC-IN





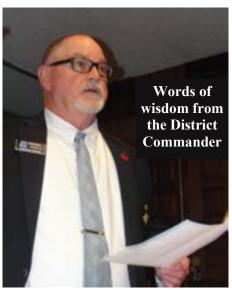














## What's ahead for Peralta Squadron?



### 2016 Calendar of Events

**Monday, 14 March** --Peralta Squadron Executive Committee Meeting. All Members Welcome - San Leandro Yacht Club

**Thursday, 17 March, 7:00-9:00pm** -- Dockwalker Training, Presented by Vivian Matuk, Environmental Boating Program Coordinator, CA State Parks Division of Boating & Waterways, California Coastal Commission. San Leandro Yacht Club

**Sat., 19 March** District 25 -- Spring Conference, Zio Fraedos – Pleasant Hill

**Thurs.-Sun., 7-10 April** -- Strictly Sail Pacific, Richmond Marina Bay

**Monday, 11 April** -- Peralta Squadron Executive Committee Meeting Cancelled. No Meeting in April 2016

Saturday, 16 April -- South Bay Opening Day on The South Bay

Sunday, 24 April -- Pacific Inter-Club Opening Day on The Bay

**Monday, 9 May** --Peralta Squadron Executive Committee Meeting. All Members Welcome - San Leandro Yacht Club

Wednesday, 11 May -- District 25 Council Meeting, To Be Determined

Monday, 16 May -- Helmsman Articles Due to Newsletter Editor

**Wednesday, 18 May, 1900** -- America's Boating Class. Five Wednesdays thru 15 June. San Leandro Yacht Club

Saturday, 21-28 May -- National Safe Boating Week

Wednesday, 1 June -- Publish Helmsman Newsletter

**Monday, 13 June** -- Peralta Squadron Executive Committee Meeting. All Members Welcome - San Leandro Yacht Club

**Saturday, 25 June** -- Peralta Squadron Barbeque and General Meeting. San Leandro Yacht Club

**Monday, 11 July** -- Peralta Squadron Executive Committee Meeting. No Meeting in July 2016

**Friday-Sunday, 22-24 July --** USPS District 25 Summer Rendezvous, Delta Marina - Rio Vista

**Saturday, 6 August** -- Peralta Squadron Fun Cruise and Picnic, Stockton River Point Marina

**Monday, 15 August** -- Peralta Squadron Executive Committee Meeting. All Members Welcome - San Leandro Yacht Club



Peralta Sail and Power Squadron

### 2016-17 Bridge

### Commander:

Cdr Barbara Waldstreicher, AP

### **Executive Officer:**

P/C Ricardo Mares, P

### **Educational Officer:**

D/Lt C Norm Pennington, SN

### **Administrative Officer:**

Open

### **Secretary**

Lt/C Josette Mares, S

#### Treasurer:

D/ Lt C Judy Pennington, P

### **General Committees**

### **Auditing**

P/Lt/C Fred Holmes, AP P/C Janis K. Chapman, AP Susan Ann Holmes, S

### Nominating

P/C Alan Smith, P P/C Melba J. K. Hale, P Lt/C Josette V. Mares, P

### Rules

P/C Alan Smith, P P/C Ricardo L. Mares, P D/Lt/C Norman W. Pennington, SN

## **Dockwalker Report**

D/Lt/C Norman W. Pennington, SN

The California State Parks Division of Boating and Waterways (DBW's) and the California Coastal Commission's Boating Clean & Green Program, the Bay Foundation (DBW's Clean Vessel Act program) and the Keep the Delta Clean Program in partnership with, the US Coast Guard Auxiliary, the US Power Squadrons and the Lake Berryessa Partnership will conduct more Dockwalker trainings this year. If you are already a trained Dockwalker and were trained more than three years ago, please join us this year for a refresher class.

Dockwalkers are trained to engage members of the public and the boating community to adopt clean boating practices. Dockwalkers share clean boating information with boaters and distribute educational materials (boater kits), while visiting marinas, launch ramps, marine supply stores, boat shows and special events (i.e. regattas, opening days, among others). As you realize, "Dockwalker" is only a generic term because you do not necessarily have to "walk the docks" in order to talk to boaters about safety and clean boating practices. *Remember safety and the environment goes hand in hand*.

Training is **FREE** and Dockwalking is a fantastic way to interact with boaters to help keep California's marinas, waterways, and ocean clean and healthy. The training provides an overview of environmentally-sound boating practices, information about how to conduct Dockwalking, and educational materials that Dockwalkers will distribute including the **2016 boater kits**. **These boater kits** include; A Boater's Guide to Keeping Pollutants Out of the Water; Oil Absorbent Pillow to capture oil leaks and drips; a variety of informative Clean and Safe Boating

Resources including "Environmental Boating Laws Recreational Boater Should Know," the ABC's of Boating Law, among others. Depending on your region, we may also provide the Delta Clean Boating map and the San Francisco Bay Area Clean Boating Map. In addition, newly trained Southern California Dockwalkers will receive the new edition of the Southern California Boater's Guide. This year we are also including a fuel bib.

In the last five years, more than 700 Dockwalkers have distributed over 90,000 boater

kits statewide. Hours spent training or educating the public qualify as community service.

### The benefits the Dockwalker program will provide to the US Power Squadrons include:

- The Dockwalker program is consistent with the US Power Squadrons mission of making the Water a Better Place.
- The program is endorsed by USPS National and CA USPS.
- Becoming a Dockwalker will provide you with educational resources for the safety classes, vessel examinations, boat shows and other public events and presentations.
- This program will support your current efforts, enhancing and broadening your boating safety mission and will provide USPS with additional tools to protect our waterways.
- Working as a Power Squadron member for the Dockwalker program counts as effort toward a Merit Mark.

### **Upcoming Trainings**

Thursday, March 17 - San Leandro 7 pm to 9 pm San Leandro Yacht Club 20 Mulford Point Dr, San Leandro, CA 94577

Thursday, March 24- Redwood City 6:30 p.m. - 8:30 p.m. Sequoia Yacht Club, 441 Seaport Court (@Seaport Blvd), Redwood City, CA 94063

We hope you can join us at a training session and become a volunteer Dockwalker!

To register for a training session or if you have any questions, please feel free to contact Vivian Matuk at (415)





This workshop trains volunteers to become Dockwalkers, who conduct face-to-face boater education about environmentally-sound boating practices.

Receive free educational materials to distribute to boaters at marinas, boat launch ramps, boat shows, and special events. Dockwalkers' efforts increase boater awareness about clean and safe boating, thus improving the recreation experience in California while helping to preserve its precious wildlife habitat and water quality.

BoatingCleanAndGreen.com (Dockwalker Tab)



### 2016 Northern Cultication Northern Vou Must Register To Attend **Northern California Trainings**

Thursday San Leandro San Leandro Yacht Club March 17 7 pm to 9 pm 20 Mulford Point Dr., San Leandro, CA Thursday Redwood City Sequoia Yacht Club March 24 6:30 pm to 8:30 pm 441 Seaport Court (@exaport Stvd), Redwood City, CA Petaluma Tuesday Petaluma Yacht Club

6:30 pm to 8:30 pm 10 C St, Petaluma, CA Solano County Water Agency (Lake Berryessa Room) 810 Vaca Valley Pkwy #203, Vacaville, CA Vacaville

San Rafael Loch Lomond Yacht Club 95 Loch Lomond Dr. San Rafael, CA 7 pm to 9 pm

\*

April 19

Friday

April 29

Tuesday

May 3

8:30 am to 11 am

Training presented by:









ng or assistance in Dockwalliers training











To register please complete the information below and mail it to CA State Parks Division of Boating and Waterways/ CA Coastal Commission 45 Fremont St., Ste 1900, San Francisco, CA 94105 or email to vmatuk@coastal.ca.gov Fax (415) 904-5216

### YESI I WOULD LIKE TO BE A DOCKWALKER.

Training Location	0-1-0-1-0-1-0-1-0-1-0-1-0-1-0-1-0-1-0-1	Date			
Name of Participant				03-01	
Organization	<u> </u>				
Address			9 17 17		
Phone	Email				



### You Can Protect Our Waterways by Becoming a Dockwalker

#### Who are DOCKWALKERS?

Dockwalkers are volunteers who inspire and educate boaters and other recreators to be safe and environmentally sound while boating in California. These volunteers distribute boater kits with educational materials while visiting marinas, boat launch ramps, boat shows and events. If you are already a trained Dockwaller and were trained more than 3 years ago, please job or next year a refresher class.

### How Do Dockwalkers Help?

The efforts of Dockwalkers increase boater awareness about clean and safe boating, thus improving the recreation experience in California while helping to preserve its precious wildlife habitat and water quality. There are over 600 Dockwalkers statewide who have distributed more than 90,000 boater kits since 2000.

### How Do I Become a DOCKWALKER and What Does the Free Training Class Cover?

People interested in becoming Dockwalkers are required to attend a FREE 1.5 hour training class. During the class participants learn about potential sources of boat pollution and their impact, environmental regulations for boaters, and clean boating practices that prevent pollution from boating. In addition, the training provides information on how to conduct Dockwalking and an overview of the educational materials Dockwalkers will distribute including the boater kits. Age range is 15 years and up. The program can document community service hours. Contact the Division of Boating and Waterways and the California Coastal Commission's Boating Clean and Green Program at (415) 904-6905; <a href="mailto:ymatuk@coastal.ca.gov">ymatuk@coastal.ca.gov</a> or visit <a href="mailto:ywww.BoatingCleanandGreen.com">www.BoatingCleanandGreen.com</a> to register for a class.

#### What Is a Boater Kit?

The boater kit is an educational tool for boaters. Items include: a pocketbook of tide tables, Division of Boating and Waterways pamphlets (ABC's of the California Boating Law), oil absorbent pillow with reusable zip tie and instructions, and more. Depending on your region, we may also provide the Delta Clean Boating map and/or the San Francisco Bay Area Clean Boating Map and the new edition of the Southern California Boater's Guide. Boaters can receive a boater kit after completing a brief boater questionnaire/pledge. This questionnaire will help to identify gaps in environmental services and better target future boater education efforts.

### How Can I Order the Boater Kits?

After the class we will be mailing you some boater kits. If you are a very active Dockwalker and need more boater kits, please contact the Division of Boating and Waterways and the California Coastal Commission's Boating Clean and Green Program at (415) 904-6905 or <a href="mailto:vmatuk@coastal.ca.gov">vmatuk@coastal.ca.gov</a>.

### What is a Recreational Boater Questionnaire/Pledge?

All boaters who receive a boater kit must complete a brief and anonymous Recreational Boater Questionnaire/Pledge <a href="http://www.dbw.parks.ca.gov/PDF/CleanGreen/docktracking.pdf">http://www.dbw.parks.ca.gov/PDF/CleanGreen/docktracking.pdf</a> The information is used to improve the Program, better understand boater behavior and identify gaps in terms of safe and clean boating education and services.

### What is the West Marine Jacket Contest?

In recognition of the good work and dedication of our clean boating Dockwalkers, West Marine will be donating three gorgeous jackets to the Dockwalker program for the top three Dockwalkers who return the most number of completed boaters questionnaire. Dockwalkers will be asked to collect their boater questionnaires and return them after finishing their Dockwalking activities. There will be other great awards for active Dockwalkers!

### How US Power Squadrons Benefit from Becoming Dockwalkers?

The Dockwalker program is consistent with the US Power Squadrons mission of **Making the Water a Better Place**. The program is endorsed by USPS National and CA USPS. Becoming a Dockwalker will provide you with educational resources for the safety classes, vessel examinations, boat shows and other public events and presentations. This program will support your current efforts, enhancing and broadening your boating safety mission and will provide USPS with additional tools to protect our waterways. Working as a Power Squadron member for the Dockwalker program counts as effort toward a Merit Mark.

For more information about the program and training schedule, please contact Vivian Matuk at (415) 904-6905, vmatuk@coastal.ca.gov or visit www.BoatingCleanandGreencom















**Peralta Helmsman** 16 Cobblestone Lane Belmont, CA 94002-2310

# **Commander's**

I hope you have been enjoying the warm weather and have maybe been out on the water or at least enjoying the outdoors.

After all the concern about getting crab, Peralta was able to have our annual Crab Feed at the end of January instead of the chili cook-off even. Even though there were only about 20 people attending, everyone had a great time. The crab tasted great and was so fresh. At the last minute we were able to get the crab from Oregon and it was available at a very reasonable price.

In other matters, our Vessel Safety Check examiners, D/Lt/C Rick Erickson and D/Lt/C Norm Pennington have been busy assessing recreational boats for safety.

Even though the January Progressive Boat Show in San Francisco was first postponed and eventually cancelled, Norm Pennington was able to bring the Virtual Boating Simulator to the San Leandro Yacht Club for a few weekends. Norm opened the San Leandro Yacht Club up for District 25 members to come and check it out. What an experience it is to drive the simulator. Several members came and everyone had a fun time. If you ever have a chance to try it, you should. It is a fun experience and you may even learn a thing or two.

Our Change of Watch was held on February 27 and we were lucky enough to have Peralta member, District Executive Officer and incoming District Commander Rick Erickson as our District Representative. It's always nice to honor the officers and members who have assisted throughout the year with a nice meal and ceremony. There are plenty of pictures and comments elsewhere in this issue of The Peralta Helmsman.

On March 17th, the California Clean Boating Network and Dock Walkers Program representative, Vivian Matuk, has scheduled a Dockwalker's training meeting.



If you are interested in "Clean and Green" water and waterways, or interested in becoming a Dockworker, you can come to the San Leandro Yacht Club from 7:00 to 9:00 p.m. For those with questions, I am happy to report that two of our members are Certified Dockwalkers— Norm Pennington and Ricardo Mares. I'm sure you could contact them and they would be willing to answer any questions you have regarding this worthwhile organization.

Peralta held the annual Calendar Planning Meeting in January and plotted a course for some fun land and water activities. Keep an eye on the "What's Ahead for Peralta Squadron?" Calendar in this and future issues of the Helmsman.

As always, our monthly board meetings are held on the second Monday of the month at the San Leandro Yacht Club. All members are welcome to come and listen and give input.

I hope with the warmer weather ahead you are able to get out on the water and enjoy the smooth Bay and Delta waters. I wish you safe boating and enjoyable times on the water.

Cdr BarbaraWaldstreicher, AP